

## **PATIENT PREPARATION MIBI TEST**

### **PATIENT COPY**

**NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_  
**TIME:** \_\_\_\_\_

**NO CAFFEINE FOR 48 HOURS:** Do not consume any tea, coffee, coca cola, pepsi cola or chocolate of any sort including drinking chocolate, 48 hours prior to the test.

**FASTING:** Do not eat or drink from midnight. You may have sips of water.

If you are **DIABETIC**, please inform the staff when making the appointment and do **NOT** take insulin or tablets on day of appointment.

**CHECK WITH YOUR DOCTOR:** You may need to stop taking medications that may affect the test. Check if you take oral Persantin, Asasantin, Persantin SR, Theodur, Nuelin, or Viagra.

**CONSUMPTION OF THE ABOVE ITEMS MAY NECESSITATE CANCELLATION OF YOUR TEST.**

**WHAT TO BRING:**

- Your **referral**
- A list of your **medications**
- Bring or wear **comfortable clothing**
- Lunch:** You may need to eat to complete the test

**THE TEST:** ALLOW **5 HOURS** for the test.

On arrival for the test, a small needle will be placed in your arm and you will receive an injection of radioactive tracer (MIBI). Later, you will be placed under the camera and a series of pictures will be taken. You will then undergo your stress test -by exercise or medication. Exercise is conducted on a treadmill. During this you will receive another injection of radioactive tracer and later return to the camera for another set of pictures. The test is then over and you may eat.

IF YOU ARE UNABLE TO ATTEND YOUR APPOINTMENT, PLEASE NOTIFY US ON 9744 0699, BY 3PM THE DAY BEFORE TO AVOID UNNECESSARY COSTS.

WEIGHT LIMIT IS **150 KGS**. PLEASE INFORM US IF YOU EXCEED THIS TO AVOID CANCELLATION.